



## INTRODUCING A NEW BENEFIT BEGINNING SEPTEMBER 1, 2011! 24/7 PHYSICIAN CONSULTATIONS

Welcome to Consult A Doctor!

The Egyptian Trust has partnered with Consult A Doctor to provide you with a truly revolutionary healthcare benefit. You and your family can now **consult with a physician 24/7 via telephone or secure e-mail.**

### What is Consult A Doctor?

You can call or e-mail a doctor at *anytime*, from *anywhere*. Consult A Doctor's services can be used in a variety of ways:

- ✓ Free around-the-clock physician care
- ✓ Request prescriptions<sup>1</sup> or get refills

### Why Use Consult A Doctor?

You can call or e-mail a doctor at *anytime*, from *anywhere*. Consult A Doctor's services can be used in a variety of ways:

- ✓ On-demand healthcare – Wherever and whenever you need, as often as you need.
- ✓ Save money – Costs less than going to your doctor or an ER.
- ✓ Save time - Avoid waiting for an appointment or sitting in the doctor's office.

### When to Use Consult A Doctor

- Cold/Flu
  - Allergies
  - Sinus infections
  - Bronchitis
  - Headaches/Migraines
  - Stomach ache/Diarrhea
  - Respiratory Infections
  - Urinary Tract Infections
  - Prescription Refills<sup>1</sup>
- ...and many other conditions

### How much will Consult A Doctor Cost You?

Your enrollment in one of the Egyptian Trust Health Plans entitles you to **free and unlimited** access to all of Consult A Doctor's services.

### Here's a breakdown of the services:

- ✓ **On Call Consultation** (talk to a doctor immediately for general advice and questions)
- ✓ **E-Consult** (e-mail a doctor for general advice and questions)
- ✓ **By Appointment Consultation** (schedule a time to talk to a doctor, request prescription medication<sup>1</sup>)
- ✓ **Priority Consultation** (talk to a doctor within 1-3 hours, request prescription medication<sup>1</sup>)
- ✓ **Personal Health Manager** (online health portal)

This great new benefit is available to you beginning September 1, 2011. You can consult with a doctor by calling **1-800-DOC-CONSULT (800-362-2667)** or by going online to [www.MyDrConsult.com](http://www.MyDrConsult.com).

Best of Health!

**Egyptian Area Schools Employee Benefit Trust**



## 4 GREAT WAYS TO CONSULT BY PHONE or ONLINE



### BY PHONE

1. **On Call:** Connect with a doctor immediately - Just pick up the phone, dial the toll free number and get connected to a doctor within minutes. The On Call Service should be used when you are seeking information on medical conditions, want advice or recommendations for common conditions. (Does not require a completed medical assessment.)

## CONSULT WITH A DOCTOR BY PHONE IMMEDIATELY!

**Dial 1-800-DOC-CONSULT (800-362-2667)**

**Step 1:** Select "On Call" Consultation

**Step 2:** Enter your Member ID

**Step 3:** Enter your Date of Birth

**Connect to a licensed U.S. Physician**

2. **Priority:** A Doctor will call you back within 3 hours - Get diagnosis and treatment, potentially including prescription medication<sup>1</sup>. (Requires a completed Medical Assessment form prior to consult.)
3. **By Appointment:** Set a time to talk to a doctor - Get diagnosis and treatment, potentially including prescription medication<sup>1</sup>. (Requires a completed Medical Assessment form prior to consult.)

### CONSULT ONLINE

[www.MyDrConsult.com](http://www.MyDrConsult.com)



4. **E-Consult:** E-mail your questions to a doctor via our secure messaging system and receive your response usually within 2-3 hours and guaranteed within 24 hours. The E-Consult Service should be used when you are seeking information on medical conditions, want advice or recommendations for common conditions. (Does not require a completed medical assessment.)

## How to complete your Medical Assessment

In order for our physicians to perform either a By Appointment or Priority Tele-Consult, you are required to complete a Medical Assessment form. The Medical Assessment form allows you to document any existing conditions, drug allergies, family medical history, and anything that your doctor should know about your health. You can choose to fill out your Medical Assessment online or over the phone.

### Complete your Medical Assessment online

- Visit [www.MyDrConsult.com](http://www.MyDrConsult.com)
- Create your Username and Password
- Click on "My Health Records"
- Update your medical information

### Complete your Medical Assessment by phone

- Call 1-800-DOC-CONSULT (800-362-2667)
- Press "0" and get connected to Member Services
- Ask to have your Medical Assessment completed by phone
- Answer questions about your medical and family history

<sup>1</sup>There is no guarantee that you will be prescribed medication. Consult A Doctor physicians do not prescribe controlled medications. Consult A Doctor is not insurance. During a By Appointment and Priority Consultation you will be speaking with a physician licensed in your state. Members that consult frequently, there is no guarantee that you will consult with the same physician every time.